



CHRIST CHURCH CATHEDRAL

Vancouver, BC · *Open Doors, Open Hearts, Open Minds*



Proper 19

August 8, 2021 | 10:30am

Summer Festival of Sacred Music | What Wondrous Love

In-Person & Livestream

The Rev. Dr. Stuart Mennigke | Celebrant

The Rev. Alisdair Smith | Preacher

10:30am Choral Eucharist

THE BOOK of ALTERNATIVE SERVICES

Gathering of the Community

Cathedral Parish Announcements

Introit

New Jerusalem
Jeremiah Ingalls (1764 - 1838), Text: Isaac Watts (Rev. 21)

From the third heav'n where God resides,
That holy happy place,
The New Jerusalem comes down,
Adorned with shining grace.

How long, dear Saviour! O how long,
Shall this bright hour delay?
Fly swifter round, ye wheels of time,
and bring the welcome day.

Presider

In this time and place,
We gather on the traditional, ancestral and unceded lands
of the Musqueam, Squamish and Tsleil-Waututh nations.

All

From many places and peoples we come to this house of prayer.

Presider

In this time and place,
We meet in the presence of the living God.

All

The living God who creates us and all that is.

Presider

In this time and place,
The risen Christ stands in our midst.

All

The risen Christ who accompanies us and all people.

Presider

In this time and place,
God's Holy Spirit breathes in and through us.

All

The Holy Spirit who transforms us and all life.

Presider

In this time and place,
Together, one people of God.

All

**In the name of God, Source of all being,
Eternal Word and Holy Spirit. Amen.**

Opening Hymn

Holy Manna

Text: George Atkin, Southern Harmony (1835); Music: William Moore (1825)

1. Breth - ren, we have met to wor - ship, And a - dore the Lord our God;
2. Breth - ren, see poor sin - ners round you, Trem - bling on the brink of woe;
3. Sis - ters will you join and help us? Mo - ses' sis - ters aid - ed him;
4. Let us love our God su - preme - ly, Let us love each - oth - er, too;
Will you pray with all your pow - er, While we try to preach the Word?
Death is com - ing, hell is mov - ing, Can you bear to let them go?
Will you help the trem - bling mourn - ers, Who are strug - gling hard with sin?
Let us love and pray for sin - ners, Till our God makes all things new.
All is vain un - less the spi - rit Of the Ho - ly One comes down;
See our fa - thers, see our mo - thers, and our chil - dren sink - ing down;
Tell them all a - bout the Sa - viour, Tell them that He will be found;
Then He'll call us home to hea - ven At His ta - ble we'll sit down;
Breth - ren, pray and ho - ly man - na Will be showered all a - round.
Breth ren, pray and ho - ly man - na Will be showered all a - round.
Sis - ters, pray and ho - ly man - na Will be showered all a - round.
Christ will gird Him - self, and serve us With sweetman - na all a - round.

Collect

Presider

Bread of heaven, you feed us in the depths of grief, sin and hostility. Nourish us with your word through the long hours of tears, and in the dawning awareness of our need for forgiveness, so that we may be redeemed by your steadfast love.

All

Amen.

Presider

Let us pray (*silence*)

All

Almighty God,
**you sent your Holy Spirit
to be the life and light of your Church.
Open our hearts to the riches of your grace,
that we may bring forth the fruit of the Spirit
in love, joy, and peace;
through Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.**

Proclamation of the Word

First Reading

A reading from 2 Samuel 18:5-9, 15, 31-33

Reader

Hear what the Spirit is saying to the church.

All

Thanks be to God.

The Psalm

Psalm 130

Timothy Swan (1758 - 1842); Text: Isaac Watts paraphrase

From deep distress and troubled thoughts
To thee, my God, I raised my cries;
If thou severely mark our faults,
No flesh can stand before thine eyes.

But thou hast built thy throne of grace
Free to dispense thy pardons there,
That sinners may approach thy face,
And hope and love, as well as fear.

As the benighted pilgrims wait,
And long, and wish for breaking day,
So waits my soul before thy gate;
When will my God his face display?

My trust is fixed upon thy word,
Nor shall I trust thy word in vain;
Let mourning souls address the Lord,
And find relief from all their pain.

Great is his love, and large his grace,
Through the redemption of his Son;
He turns our feet from sinful ways,
And pardons what our hands have done.

Second Reading

A reading from Ephesians 4:25—5:2

Reader

Hear what the Spirit is saying to the church.

All


Thanks be to God.

Sequence Hymn


Beach Spring (Come and Journey)

Text: Herbert O'Driscoll; Music: B. F. White (1844)

46

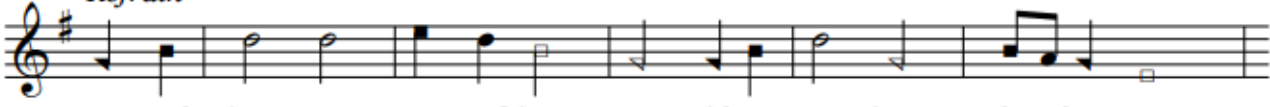
S. 

1. Come and jour - ney with a Sav - iour who has called us from our birth,
 2. Come and jour - ney, jour - ney in - ward, come and seek him deep with - in,
 3. Come and jour - ney, jour - ney out - ward, tell - ing oth - ers of his name,
 4. Come and jour - ney, jour - ney out - ward, where that cross calls us to care,

S. 


who has washed us in the wa - ters, and who loved us on the earth.
 where he meets us in our li - ving, in our striv - ing and our sin.
 tell - ing oth - ers of his glo - ry, of his cross and of the shame.
 where in - jus - tice and where hun - ger and the poor call us to share.

Refrain

S. 

Come and jour - ney, come and jour - ney with a Sav - iour who has come.

62

S. 

We are all God's sons and daugh - ters; in the Spir - it we are one.

5. Come and journey, journey upward.
 Sing his praises, offer prayer.
 In the storm and in the stillness
 find his presence everywhere.

Refrain

6. Come and journey, journey onward;
 all our gifts we now shall bring
 to the building of a city
 that is holy, Christ its King.

Refrain

Deacon

The Lord be with you.

All

And also with you.

Deacon

The Holy Gospel of our Lord Jesus Christ according to John.

Before the Gospel

Glory to you, Lord Jesus Christ.

Gospel

John 6:35, 41-51

Deacon

The Gospel of Christ.

After the Gospel

Praise to you, Lord Jesus Christ.

Hymn: Refrain

Come and journey, come and journey with a Saviour who has come.
We are all God's sons and daughters; in the Spirit we are one.

Sermon

The Rev. Alisdair Smith

Music for Reflection

The Humble Heart

Shaker Song, arr. Thomas Moore

Whence comes this bright celestial light?
What cause produces this?
A heaven opens to my sight,
bright scenes of joy and bliss.
O Lord Jehovah art thou here?
This light proclaims thou art.
I am indeed I'm always near
unto the humble heart.

Tall cedars fall before the wind,
The tempest breaks the oak,
While slender vines will bow and bend
And rise beneath the stroke.
I've chosen me a pleasant grove
And set my lovely vine
Here in my vineyard I will rove,
The humble heart is mine.

The Apostles' Creed

Presider

Let us confess the faith of our baptism, as we say,

All

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of the body, and the life everlasting.**

Amen.

Prayers of the People

In the *Anglican Cycle of Prayer* we pray for the Church of South India (United). In the joint *Anglican & Evangelical Lutheran Churches in Canada Cycle of Prayer* we pray for the Rt. Rev. Robert Hardwick, Bishop, and the clergy and people of the Diocese of Qu'Appelle and the dean, council, and congregations of the Northern Area of the Synod of Alberta and the Territories. In the *Diocesan Cycle of Prayer* we pray for John Stephens our Bishop; Linda Nicholls our Primate; Lynne McNaughton our Metropolitan; Susan Johnson the National Lutheran Bishop in Canada; Mark MacDonald the National Indigenous Anglican Archbishop; Gregory Mohr the Evangelical Lutheran Bishop in British Columbia; Justin Welby the Archbishop of Canterbury; our companion diocese, the Episcopal Diocese of Northern Philippines and the Rt. Rev. Brent Alawas; our companion parish, All Saints Cathedral, Bontac, Philippines and the Very Rev. Padi Luc; and St. Laurence (Coquitlam), Mission to Seafarers and Vancouver General Hospital. In the *Prayers for New Ministries* we pray for the Rev. Alecia Greenfield, Vicar, Holy Cross, Vancouver and the Rev. Miranda Sutherland, Vicar of Holy Spirit, Whonnock. In *our Parish* we pray for those who minister at our 8am, St. Brigid's and Compline Services.

If you have a special intention for which you wish to receive prayers, please email your prayer request to reception@thecathedral.ca.

Presider

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
welcoming sinners and inviting us to this table.
Let us confess our sins, confident in God's forgiveness.

Silence is kept

Presider

All

Most merciful God,
**We confess that we have sinned against you in thought, word and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ, have mercy on us and forgive us,
that we may delight in your will, and walk in your ways,
to the glory of your name. Amen.**

Presider

Almighty God, have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

All

Amen.

The Peace

Presider

All

The peace of the Lord be always with you.
And also with you.

All may exchange a non-contact sign of peace.

Celebration of the Eucharist

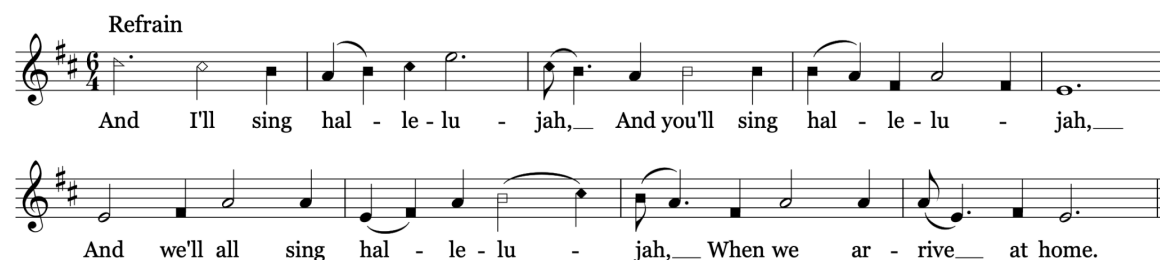
The Offertory

You are invited to make a financial offering to further God's mission through the work of the church by texting "Give" to 639.739.0843 and following the instructions; or by clicking on this link thecathedral.ca/give. Tax receipts are issued annually for gifts totalling \$20 or more. Your financial gifts matter and together with the bread and wine they are presented in spirit at the Altar as a sign of thanksgiving to God from whom all blessings flow.

Offertory Hymn

Hallelujah

William Walker, 1837; Text: Charles Wesley, 1759



1. And let this feeble body fail, And let it faint or die;
My soul shall quit this mournful vale, And soar to worlds on high. *Refrain*
2. O what are all my sufferings here, If, Lord, Thou count me meet
With that enraptured host t'appear, And worship at Thy feet! *Refrain*
3. Give joy or grief, give ease or pain, Take life and friends away,
But let me find them all again, In that eternal day. *Refrain*

Prayer over the Gifts

Presider

Father,

All

**receive all we offer you this day,
and grant that in this eucharist
we may be enriched by the gifts of the Spirit.
We ask this in the name of Jesus Christ our Lord. Amen.**

The Great Thanksgiving

Presider

The Lord be with you.

All

And also with you.

Presider

Lift up your hearts.

All

We lift them to the Lord.

Presider

Let us give thanks to the Lord our God.

All

It is right to give our thanks and praise.

Presider

It is indeed right to thank you and praise you, holy and gracious God,
creator of all things, ruler of heaven and earth, sustainer of life,
for you are the source of all goodness, rich in mercy and abounding in love;
you are faithful to your people in every generation, and your word endures for ever.
Therefore with angels and archangels, with the fellowship of saints and
the company of heaven, we glorify your holy name, evermore praising you and singing,

Sanctus

Jefferson



Presider

We praise you, merciful God, not as we ought, but as we are able,
because in your tender love you gave the world your only Son,
in order that the world might be saved through him.
He made you known by taking the form of a servant, healing the sick,
liberating the oppressed, reaching out to the lost.

Betrayed, reviled, and nailed to the cross,
he confronted the power of sin and disarmed it for ever.

In his offering of himself, he became the perfect
and sufficient sacrifice for the sins of the whole world.

Redeemed by Christ, we have been adopted as your children;
by your pardon you have made us worthy to praise you.

On the night he was betrayed, Jesus, at supper with his friends, took bread,
gave you thanks, broke the bread, gave it to them, and said, "Take and eat:
this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks,
he gave it to them, and said, "Drink this all of you:
this is my blood which is shed for you and for many for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me."

In obedience to him and with grateful hearts we approach your holy table,
remembering our Saviour's sacrifice, and rejoicing in his victory.
Confident in his sovereign purpose, we declare our faith.

All

**Christ has died,
Christ is risen,
Christ will come again.**

Presider

Send your Holy Spirit on us that as we receive this bread and this cup
we may partake of the body and blood of our Lord Jesus Christ,
and feed on him in our hearts by faith with thanksgiving.

May we be renewed in his risen life, filled with love,
and strengthened in our will to serve others;
and make of our lives, we pray, a pure and holy sacrifice, acceptable to you,
knitting us together as one in your Son Jesus Christ, to whom,
with you and the Holy Spirit, be all honour and glory, now and for ever.

All

Amen.

The Lord's Prayer

Presider

All

As our Saviour taught us, let us pray,
**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours, now and forever. Amen.**

The Breaking of the Bread

Presider

All

We break this bread to share in the body of Christ.
We being many, are one body, for we all share in the one bread.

Presider

All

The gifts of God for the people of God.
Thanks be to God.

Share the Gifts

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in Communion.

If you are not physically receiving Communion, then offer this prayer:

In union, O God, with all your faithful people
gathered wherever the eucharist is celebrated this day,

I offer you praise and thanksgiving for creation and all the blessings of this life,
for the redemption given to us through the life, death and resurrection of Christ,
and for the means of grace and the hope of glory.
I pray you come into my heart, my soul and my mind.
Let nothing separate me from you.
May I serve you in this life until, by your grace,
I come to your promised reign of justice and peace;
through Christ and in the unity of the Spirit. Amen.

*While the communion is being administered, we respectfully ask that you keep the silence —
this is a time for quiet prayer and meditation.*

During Communion

Consolation

Elkanah Kelsey Dare (1782 - 1826); Text: Isaac Watts

Once more, my soul, the rising day
Salutes thy waking eyes;
Once more, my voice, thy tribute pay
To him that rules the skies.

Night unto night his name repeats,
The day renews the sound,
Wide as the heav'n on which he sits,
To turn the seasons round.

'Tis he supports my mortal frame,
My tongue shall speak his praise;
My sins would rouse his wrath to flame,
And yet his wrath delays.

On a poor worm thy power might tread,
And I could ne'er withstand;
Thy justice might have crushed me dead,
But mercy held thine hand.

A thousand wretched souls are fled
Since the last setting sun,
And yet thou length'nest out my thread,
And yet my moments run.

Dear God, let all my hours be thine,
Whilst I enjoy the light,
Then shall my sun in smiles decline,
And bring a pleasing night.

Sending Out of the Disciples

Prayer after Communion

Presider

Eternal God,

All

grant to your Church the unity and peace

that we have tasted in this eucharist,

the fruit of your life-giving Spirit.

We ask this in the name of Jesus Christ the Lord. Amen.

Doxology

Presider

Glory to God,

All

whose power, working in us,

can do infinitely more than we can ask or imagine.

Glory to God from generation to generation,

in the Church and in Christ Jesus,

for ever and ever. Amen.

The Blessing

Closing Hymn

Wondrous Love

Text: Mead's General Selection (1811); Music: James Christopher (1840)

1. What won-drous love is this, O my soul, O my soul! What
2. When I was sink-ing down, sink-ing down, sink-ing down, When
3. To God and to the Lamb, I will sing, I will sing; To
4. And when from death I'm free I'll sing on, I'll sing on, And

won-drous love is this, O my soul! What won-drous love is this that
I was sink-ing down, sink-ing down, When I was sink-ing down Be -
God and to the Lamb I will sing; To God and to the Lamb, Who
when from death I'm free I'll sing on, And when from death I'm free, I'll

caused the Lord of bliss To bear the dread-ful curse for my
neath God's right-eous frown Christ laid a-side His crown for my
is the great I AM, While mil-lions join the theme, I will
sing and joy-ful be, through-out e-ter-ni-ty I'll sing

soul, for my soul, To bear the dread-ful curse for my soul.
soul, for my soul, Christ laid a-side His crown for my soul.
sing, I will sing, While mil-lions join the theme, I will sing.
on, I'll sing on, through-out e-ter-ni-ty I'll sing on.

Dismissal

Go forth in the name of Christ.

All

Thanks be to God.

Postlude

Hark I Hear Those Harps Eternal

Trad. Arr. Alice Parker



CHRIST CHURCH CATHEDRAL'S | 10:30AM SERVICE
IN-PERSON & LIVESTREAMED ON SUNDAYS THIS SUMMER 2021

AUGUST 1 **HAPPY ANNIVERSARY DR. LANG!**

Celebrating 35 years of the music ministry
of Rupert Lang and the Cathedral Choir

8 **WHAT WONDROUS LOVE**

Music for voices from the 18th and 19th century
American Shapenote tradition

15 **SANCTA ET IMMACULATA**

Marian music from 17th century nun composers
Raffaella Aleotti, Chiara Margerita Cozzolani, and Isabella Leonarda

22 **TONGUES OF FIRE**

Exploring the music of prolific contemporary composers
Cecilia McDowall and Stephanie Martin

29 **MISSA SUPERBA**

Period brass and strings join the Cathedral Choir
for the extravagant 17th century mass setting by Johann Kasper Kerll



MUSIC NOTES

The Summer Festival of Sacred Music

August 8, 2021 | Jacob Gramit, *Artistic Director of the Summer Festival of Sacred Music*

When sitting down to plan this year's festival, I wanted to find as much music as I could we could really lift our voices with. One of the most moving things about being back in church mid-July was hearing the choir and congregation sing together — something I know we all missed terribly. So, what better way to spend a Sunday morning than to bellow through some shape-note music!

The Sacred Harp (from which most tunes are drawn this morning) has been revised several times since its 1844 initial publication. One of the more infamous revisions was chaired by **Joseph Stephen James (1849 – 1931)**, notable for the colourful (and sometimes even accurate) histories of the tunes and composers. **Jeremiah Ingalls (1764 – 1838)**, we learn, was self-taught, and then became a teacher of music. About one of his tunes, James writes: "During his travels as a singing teacher, he stopped at a tavern in the town of Northfield for dinner. His dinner was very slow coming. He kept thinking, 'How long?' He fell into the rhythm of Watts sacred lines and the tune came with it. He named the tune *Northfield*." About **Timothy Swan (1758 – 1842)**, "a hatter by trade," and another self-taught musician, James writes: "He was a genius in his way. His tunes were remarkable for their originality, and singularly unlike any other melodies." Sadly, none of the tunes by **Elkanah Kelsay Dare (1782 – 1826)** were properly attributed, so we're left to guess at James' thoughts.

Somehow, we always end up with **Alice Parker** as the postlude to these services — and as much as I love the piece, I think it may be that I simply wish to quote this wonderful artist on an annual basis. The 95-year-old Parker spoke (virtually) at the 2021 ACDA conference: "We need to let down the boundaries that we put up

around ourselves to shield ourselves from the bruises of everyday living and sink into a song that we can sing together... and meet each other on this common ground of what goes on in our inner lives. Try with any music that you are singing... always to enter into the heart of the song so that you are allowing this communication to be total, to reach us where it really counts.”

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and you can connect directly to the Cathedral—

Thank you for your support!

10:30AM | CHORAL EUCHARIST

Presider

Preacher/Deacon

Reader

Intercessor

MC

ASL Interpreter

Music

The Rev. Alisdair Smith

Roderick Mackin

Jenny Birtwell

Megan Otton

Lisz Keallen

Cathedral Choir, & Jacob Gramit, *Artistic Director, Summer Festival of Sacred Music*

Thank you for joining the Christ Church Cathedral community

This Choral Eucharist service takes place on the traditional, ancestral, and unceded territory of the Musqueam, Squamish, and Tsleil-Waututh Nations in the heart of Vancouver.

If you have any questions about the Cathedral, its ministries or congregations, please visit our website at thecathedral.ca.



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